

### Aim High

So, aim high. First, you have to believe in yourself and never give up and make a goal and that goal can be making a book, making a new recipe, cooking a new food, or building something new. Some goals are easy to reach and others take a long time to get. Anything you set in your mind you can do if you never give up and believe in yourself. To aim high you can make a big goal that you want to achieve. You want to be the best. For example, if you are making a book you want it to be the best book.

Never give up. You have to know that you're doing your best. You must believe in yourself. What I mean by never giving up is like if you make a mistake you persevere and keep going and doing it until you make it. It doesn't matter how many mistakes you make, you keep going and that's never giving up.

Believing in yourself means knowing you can do this and you say good things about yourself because if you don't you will think that you should just stop because you made too many mistakes. You can't change the way others think about you, but you can change your doubting thoughts to winning ones. But you should think positive and keep going, do what you want to do, don't let people bring you down, keep doing what you want to do and maybe you can do something you love for a living when you are older.

One more thing to remember is that you can't control how other people think about your goals. Some people think you can't do things. But, maybe others, like your family will encourage you.