

Rise Above

Do you ever feel like there's something that you will never be able to accomplish? Like how I always forget to grab something at the house for school. Or like how I always forget to put my phone on the charger before I go to bed. Well, I believe that if I work on being ready to go, never quitting, and expecting to win, all of those things would not happen as much.

First, I can have all my stuff out ready the night before, that will help me by being ready to go. "The key to success is to start before you are ready"-Marie Forleo. Waking up on time will help as well.

Secondly, I need to work on never quitting. For example, I need to never stop working and getting better at sports. I need to never stop working hard in school. Also I need to never quit believing that I can do things.

Lastly, if I expect to win, and accomplish whatever I am working on, I will most likely achieve that certain goal. Expecting to win will give me a better chance of winning and help me have good self-esteem. "You were born to win, but to be a winner, you must plan to win, prepare to win, and expect to win" -Zig Ziglar.

By working on all these things I will not be so rushed and exhausted in the mornings. Also I would have more self confidence. Now I know I can accomplish things that feel impossible.