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Have you ever expected to win a spelling bee or a race? If you expect to succeed, you always have to finish strong. And you have to have enough breakfast that you are full and strong. In other words, you have to be ready to go and put in the work.

Do you use your brain? I use my brain on spelling tests and remembering what I am told by my parents and teachers. I also use it to get good grades and remember what I need to do. There are things I need to be ready to do at home, school, and in my activities like cheer and basketball. Using your brain also helps it work better. I'm glad I like to read, because it makes my brain smarter. If you don't use your brain, how will you learn things?

Never quitting is one of the struggles that most people have at one time or another. If you quit you wouldn't get things done. You would never finish what you started. When you get to finish it you can have more fun! It makes you proud when you finish something, especially if it was difficult and made you work hard.

Sometimes we just need a reminder of what we need to do to reach our goals. I think you should always look back at these paragraphs so you can always remember to use your brain, never quit, and expect to win! You might be surprised at the results.