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6th Grade

Rise Above Essay

For the future I want to play division 1 basketball for the OSU Cowboys. After that I want to make it to the NBA and play for the OKC Thunder. I will get to the NBA level by hard work and toughness.

I gain confidence by telling myself I can do it and then I go out there and execute it. Confidence is necessary to be a good basketball player or sports player or anything else for that matter. If you believe it, you can achieve it.

Basketball is not all physical, you have to have the mentality and put in the work. I watch basketball videos at home on how to get better at a lot of basketball elements. I also have practice and games on Sunday for a different basketball team.

I could never quit basketball because I've put in too much effort and had too many people say I could make it to that level if I keep putting in the work I currently do.

I can think about what I'm going to do next and be ready for the worst or the best. I will be ready for anything by thinking about every possible scenario. This will assist in helping me be prepared for most anything.

I can give my best by trying my hardest and when I have time I could practice so I could give more each game and hope to see my status go up each game because I've given it my best every game.

I could also be more competitive by caring about whether we win or lose or how many points I score but an intelligent quote said by my mom and my coaches is that 'a good basketball player

has short term memory', meaning whether he or she does something bad or has a bad game he or she always keeps their head up.

I could expect to win by telling myself to try my hardest and expect to win when you try your best or sometimes maybe I don't win but either way it matters if you tried your very best.

All of these qualities will help me in basketball.