

High Goals

One of the steps to accomplishing your goal is aiming high. When you make a goal, you need to aim high with that goal or you'll never achieve anything big. To actually achieve big goals, you need to work hard and most importantly, believe in yourself.

My main goal is to get better at baseball. If I can't believe in myself, I have already failed at that goal. I also need to practice to get better. I can't just 'want' to be better or just work on hitting homeruns. I need to focus on the basics of the game such as running, batting, and throwing and catching the ball. Those are some smaller goals I need to complete if I want to achieve my bigger goals.

Even though my main goal at this point is to become a better baseball player, I can use the same steps to better myself in other areas too. Practicing goal setting and thinking more positively could help in school or even just being a better version of myself. It is important to know what helps you have success. What works for someone else, may not inspire you. You have to be willing to risk failure to know the feeling of successfully reaching a goal.

It doesn't matter what goal you have, you need to plan out the goal and believe in yourself. Your goal could be something as simple as riding a bike or something more complicated like getting a pilot's license. No matter how big or small it may seem, you must believe in yourself. Trying to achieve your goal is like taking the training wheels off your bike, you'll eventually need to do something a little more challenging, and perhaps scary, to take your goal a step further.

When all is said and done, finishing your goal is a mix of many principles and patience. You need to aim high, believe in yourself, plan your goal out, and make smaller goals to complete the ultimate goal. You should always have a goal that you work on so you keep improving in the game we call life.