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### 'My Goals'

My three uplifting words I'm going to be using is believe in yourself, never quit, and expect to win. These are important in helping me achieve success throughout my life. These are also helpful when I'm trying to achieve my goals in life. I want to always try to be the best me I can be, not just now but throughout my life.

The first words I'm going to be talking about are believe in yourself. I will use these words to achieve my goals in life. Believing in yourself is important because it will probably help others believe in you too if you display confidence in your abilities. These words help me a lot especially when I have a test in a subject I'm not confident in. This is one of my favorites and helps me out the most. Now to move on to my next motivating phrase.

The second one I'm going to be talking about is never quitting. I use this when I'm doing something hard. I use this when I'm trying to achieve my goals. I don't allow myself to quit whether in school, sports, or helping others. This one can be hard to do when you don't understand something or you can't reach a goal quickly. I use this when I can't figure something out. I tell myself to never give up. I hope you're having a great time reading this essay.

I use the words expect to win a lot in my life. I think these words could help me achieve my goals in life along with the other motivational sayings. I use this when I play football. I'm not the biggest kid, so I continue to remind myself to expect to win. I use this when I'm playing against my older brother when we're playing football and when I'm playing school athletics.

Some goals are easy, others are difficult. By believing in myself, never quitting, and expecting to win, I am more likely to achieve them all. Keeping these principles in mind will help me now and in the future.